

Barley	Banana	Carob powder	Coriander
Malt	Cherry	Rapeseed	Cumin
Gliadin / Gluten	Grape (white / blue)	Duck	Dill
Oat	Kiwi	Goat	Ginger
Rye	Lwemon	Ostrich	Marjoram
Spelt	Nectarina	Quail	Saffron
Wheat flour	Orange	Rabbit	Sage
Wheat bran	Pineapple	Roe deer	Cayenne pepper
Durum wheat flour	Strawberry	Horse	Curry
Couscous	Watermelon	Beta-Lactoglobulin	Tarragon
Amaranth	Pear	Casein	Hops
Quinoa	Plum	Mozzarella	Mint
Buckwheat flour	Grapefruit	Brussels sprouts	Brazil nuts
Flx seed	Peach	Cauliflower	Macadamia nut
Corn (maize)	Date	Chard	Pine nut
Millet	Basil	Chinese cabbage	Chestnut
Rice	Pepper (black / white)	Fennel	Cola nut
Beef	Cinnamon	Gourd	Hemp seeds
Chicken	Garlic	Kale	Chia seeds
Lamb	Mustard seed	Sweet potato	Carp
Pork	Nutmeg	Vine leave	Squid
Turkey	Oregano	White cabbage	Eel
Com milk	Parsley	Shallot	Himanthalia elongata
Egg yolk	Poppy seed	Liquorice root	Spirulina spp.
Egg white	Rosemary	Broad bean	Blue mussel
Goat milk	Thyme	Chickpea	Cockle (common cockle)
Sheep milk	Vanilla	Kidney bean	Razor clam
Aubergine	Almond	Chicory	Creat scallop
Beetroot	Cashew nut	Salad mix 1*	Barnacle
Bell pepper	Cocoa bean	Rocket	Winkle (purple dye murex)
Broccoli	Hazelnut	Rhubarb	Monkfish
Carrot	Peanut	Avocado	Grouper
Celery	Pistacho	Wild blackberry	Europea seabrem
Chili	Sesame	Bluberry	Cuttlefish
Cucumber	Sunflower seed	Cranberry	Gilthead seabream
Horseradish	Walnut	Red currant	Pike
Leek	Coconut	Black currant	Trbot
Olive	Mushroom mixture 1*	Fig	Herring
Onion	Mushroom mixture 2*	Melon mix 1*	Lobster
Potato	Salmon	Mandarin	Mackerel
Red Cabbage	Tuna	Mulberry	Octopus
Tomato	Clam	Goji berry	Oyster
Turnip	Prawn	Lime	Sardine
Zucchini	Anchovy	Lychee	Sea bass
Artichoke	Swordfish	Mango	Caviar
Asparagur	Trout	Papaya	Crab
Spinach	Sole	Pomegranate	Agar-agar
String bean	Codfish	Raspberry	Aloe veera
Pea	Hake	Cantaloupe	Green tea
Soya Bean	Flounder	Raisin	Sugar cane
Lentil	Brewer's yeast	Anise	Safflower oil
Haricot bean	Baker's yeast	Bay leaves	Cassava root (manioc)
Corn salad	Honey	Chamomile	
Apple	Coffee	Caper	
Apricot	Black tea	Clove	

\*Mushroom mixture 1: oyster mushroom, champignon, shiitake, chanterelle

\*Mushroom mixture 2: boletus badius, cep.

\*Salad mix 1: romaine lettuce, iceberg lettuce

\*Melon mix 1: melon, cantaloupe melon

If there is absence of consumption of any food for the last 6 months, an intolerance is unlikely to be detected.

This test is NOT suitable for: **Lactose intolerance / Diagnosis of celiac disease / Allergy problems**